

### 3. RESOURCES FOR SCHOOL AND SCHOOL DISTRICT EMERGENCY EXERCISES

#### Trainings

[Independent Study \(IS\) Courses, Federal Emergency Management Agency \(FEMA\).](#)

FEMA offers numerous IS online courses that are free and provide certificates of completion. Included in their list of available trainings are the following:

[IS-120: An Introduction to Exercises Independent Study Course, FEMA.](#)

This course introduces the basics of emergency management exercises, ranging from discussion-based exercises to operations-based exercises. The training introduces students to the concepts of managing an exercise program, designing and developing an exercise program, conducting a program, evaluating a program, and developing an improvement plan.

<https://training.fema.gov/is/courseoverview.aspx?code=IS-120.a>

[IS-130: Exercise Evaluation and Improvement Planning Independent Study Course, FEMA.](#)

This IS course builds off IS-120 and introduces participants to the basics of emergency management exercise evaluation and improvement planning, which are based on concepts identified in the Homeland Security Exercise and Evaluation Program (HSEEP). The course describes concepts such as how to analyze exercise data and identify the steps to create an After-Action Report.

<https://training.fema.gov/is/courseoverview.aspx?code=IS-130>

#### Tools for Effective Exercise Implementation

[Emergency Exercises: An Effective Way to Validate School Safety Plans Publication, U.S. Department of Education's Office of Safe and Healthy Students \(OSHS\) & REMS TA Center.](#)

This resource describes the different types of emergency exercises, the benefits of exercises, and steps to develop an effective exercise program. The resource also provides a case study and additional resources.

[https://rems.ed.gov/docs/Emergency\\_NewsletterV2I3.pdf](https://rems.ed.gov/docs/Emergency_NewsletterV2I3.pdf)

[HSEEP Preparedness Toolkit, FEMA.](#)

HSEEP provides a common approach to exercises, no matter the scale of the exercise or the number of individuals or groups participating in the event. This toolkit provides resources on program management, design and development, conduct, evaluation, improvement planning, and exercise evaluation guides.

<https://preptoolkit.fema.gov/web/hseep-resources>

# Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center

## RESOURCES FOR EXERCISES

### [National Exercise Program, FEMA.](#)

The National Exercise Program is used to test the nation’s capabilities in responding to emergencies and disasters. The program provides a 2-year cycle of exercises that concludes with a biennial National Level Exercise.

<https://www.fema.gov/national-exercise-program>

### [Tool Box: Drills, Tabletops, or Other Exercises, OSHS & REMS TA Center.](#)

The Tool Box is an online repository of tools and resources developed by practitioners in the field that is pertinent to the needs of school and higher ed practitioners as they engage in the process of school and higher ed emergency management planning. Within the “Drills, Tabletops, or Other Exercises” section of the Tool Box are several exercise resources from schools and school districts across the country.

<https://rems.ed.gov/ToolBox.aspx>



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If you have questions or need additional assistance, please contact the REMSTA Center at (855) 781-REMS (7367) or [info@remstacenter.org](mailto:info@remstacenter.org).

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